

### Keeping Safe

Children will be undertaking trips throughout the year and we will be explicitly asking the children what they will need to do to stay safe. We will discuss strategies to stay safe when out in the community beyond the school grounds.

### Anti-Bullying

Year 5 will be exposed to a continuing dialogue about bullying; how to recognise it; how to prevent it; what to do if it happens to them or their friends.

### Health and well being

Children will learn to reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals. They are encouraged to maintain a healthy lifestyle through a balanced diet and regular exercise.

# Safeguarding



### E- Safety

Through various subjects and topics, children will learn how to keep safe when using the internet including playing online games. Internet safety week is held each year

### British Values

We focus on some of the most important aspects of British culture and values such as democracy and freedoms of speech and religion. Encouraging a nature of tolerance and understanding is an important part of the children's learning.

## Year 5

### Being a responsible citizen

Citizenship is another important area for Year 5 to understand. They will learn about their responsibilities to protect their environment; the wider community and what it is to be a responsible citizen.

### Sex and Relationship Education (SRE)

In Year 5 we will discuss with the children the changes that happen to their bodies in puberty. They will be explaining why these changes happen and encouraging the understanding that it is completely normal and something all children experience. We follow the recommended Diocesan scheme 'Journey in Love'.