

### Anti-Bullying

Year 4 will continue the theme established in earlier years, discussing the effects of bullying and what steps to take if you find yourself or someone else is being bullied.

### E- Safety

Through various subjects and topics, children will learn how to keep safe when using the internet including playing online games.

### Health and well being

Through our topic work, children will learn to recognise opportunities to make their own choices about food, what might influence their choices and the benefits of eating a balanced diet. They will also learn that bacteria and viruses can affect health and that following simple routines can reduce their spread . Children will learn to reflect on and celebrate their achievements, identify their strengths, areas for improvement, set high aspirations and goals .

# Safeguarding



## Year 4

### Keeping Safe

In Year 4, children will be taken on several trips including a residential visit to Hooke Court. We will talk about strategies to ensure we stay safe at all times, and what to do if separated from a group. We will also discuss respecting and protecting the environment

### Road Safety

Children re-examine road safety issues focussing on keeping safe on the road.

### British Values

We continue to focus on some of the most important aspects of British culture and values such as democracy and freedoms of speech and religion.

### Being a responsible citizen

Year 4 will learn about rights and responsibilities as members of families, other groups and ultimately as citizens. They will learn about their responsibilities to protect their environment and the wider community.

### Relationships

In year 4, children learn about how to maintain and develop a variety of healthy relationships as well as manage positive and negative emotions. They will also learn how to respond to risky or negative relationships and how to ask for help