

# Safeguarding

Year 3



## Anti-Bullying

Year 3 will be discussing the effects of bullying and what steps to take if you find yourself or someone else is being bullied.

## E- Safety

Through various subjects and topics, children will have the opportunity to discuss the advantages and disadvantages of the internet, including social media and the responsibility we have to represent ourselves truthfully and carefully online.

## Awareness of other cultures

We will be learning about different beliefs, religions, festivals and countries around the world.

## British Values

We continue to focus on some of the most important aspects of British culture and values such as democracy and freedoms of speech and religion. We examine countries or periods of history in which these values have been eroded.

## Emotional well being

We will be discussing building relationships, expressing emotions and developing self esteem and confidence. We will teach this through circle time, PSHE, every day interaction, praise and celebrating achievements.

## Keeping Safe

In Year 3, when children are taken on trips we will talk about strategies to ensure we stay safe at all times, and what to do if separated from a group.

## Health

We will be learning about what makes us healthy, including what makes up a balanced diet, looking after our teeth and why exercise is needed. We will also be understanding other people's health needs, e.g. allergies, medicines etc. We will teach this through our curriculum topics P.E and PSHE lessons.

## Road Safety

Children will be learning about road safety issues focusing on our local area.