

PSHE Curriculum Overview: Holy Family School 2019-2020

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Block 1	Physical health & wellbeing: fun times	Physical health & wellbeing: what keeps me healthy?	Drug, alcohol & tobacco education: tobacco is a drug	Identity, society & equality: democracy	Physical health & wellbeing: in the media	Sex & relationship education: Journey in Love
Block 2	Identity, society & equality: me and others	Mental health & emotional wellbeing: friendship	Mental health & emotional wellbeing: strengths & challenges	Physical health & wellbeing: what is important to me?	Keeping safe & managing risk: when things go wrong	Drug, alcohol & tobacco education: weighing up risk
Block 3	Mental health & emotional wellbeing: feelings	Sex & relationship education: Journey in Love	Careers, financial capability & economic wellbeing: saving, spending & budgeting	Sex & relationship education: Journey in Love	Drug, alcohol & tobacco education: different influences	Mental health & emotional wellbeing: healthy minds
Block 4	Keeping safe & managing risk: feeling safe	Keeping safe & managing risk: indoors & outdoors	Keeping safe & managing risk: bullying – see it, say it, stop it	Drug, alcohol & tobacco education: making choices	Identity, society & equality: stereotypes, discrimination & prejudice	Identity, society & equality: human rights
Block 5	Drug, alcohol & tobacco education: what do we put into and on to our bodies?	Drug, alcohol & tobacco education: medicines & me	Identity, society & equality: celebrating difference	Keeping safe & managing risk: playing safe	Mental health & emotional wellbeing: dealing with feelings	Keeping safe & managing risk: keeping safe out and about
Block 6	Careers, financial capability & economic wellbeing: my money	Identity, society & equality: tbc	Physical health & wellbeing: what helps me choose?	Mental health & emotional wellbeing: tbc	Careers, financial capability & economic wellbeing: borrowing & earning money	Smart Moves (Y6-Y7 Transition Programme)
Additional Block <i>(Applies to certain year groups only, to allow for JIL teaching in every year group)</i>	Sex & relationship education: Journey in Love		Sex & relationship education: Journey in Love		Sex & relationship education: Journey in Love	