

# Holy Family April 2023 to July 2023

## Main Meal Menu

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week1</b> Week starting: 17 April / 8 May / 5 June / 26 June / 17 July	<b>MAIN CHOICE</b>	French Bread Pizza with potato wedges & beans / vegetables ✓	Sausage Rolls with mash & beans/vegetables	Roast British Chicken with roast potatoes, vegetables & gravy	Meatballs with pasta & vegetables	Fish Fingers with chips & beans/vetetables
	<b>VEGETARIAN</b>	Cauliflower Cheese with potato wedges ✓	Sweet Potato Whirls with mash & vegetables ✓	Quorn Fillet with roast potatoes, vegetables & gravy ✓	Quorn Hot Dog with potato wedges & vegetables ✓	Vegan Nuggets with chips & beans/vetetables ✓
	<b>THIRD CHOICE</b>	Pasta Pot with choice of toppings ✓	Pasta Pot with choice of toppings ✓	Pasta Pot with choice of toppings ✓	Pasta Pot with choice of toppings ✓	<b>NO 3rd CHOICE TODAY</b>
	<b>DESSERT</b>	Pancakes ✓	Brownie ✓	Muffin ✓	Chocolate Ice Cream Log ✓	Selection of Desserts to include Fruit ✓
	<b>YEAR 6 ONLY GRAB &amp; GO</b>	Ham/Cheese Toastie with chips/wedges	Tuna Melt Panini with wedges	<b>NO GRAB &amp; GO TODAY</b>	Hot Dog with wedges	<b>NO GRAB &amp; GO TODAY</b>
<b>Week2</b> Week starting: 24 April / 15 May / 12 June / 3 July	<b>MAIN CHOICE</b>	Pasta Pot with choice of toppings ✓	Lasagne with homemade croutons & vegetables	Sliced Beef in gravy with mash & vegetables	Chicken Korma with rice	Fish Fillet & chips with vegetables/beans
	<b>VEGETARIAN</b>	Jacket Potato with choice of toppings ✓	Veggie Bolognese & Vegetables ✓	Glamorgan Sausage with mash & vegetables ✓	Vegetable Stack ✓	Vegan Sausage Roll with chips & vegetables ✓
	<b>THIRD CHOICE</b>	<b>NO 3rd CHOICE TODAY</b>	Pasta Pot with choice of toppings ✓	Pasta Pot with choice of toppings ✓	Pasta Pot with choice of toppings ✓	<b>NO 3rd CHOICE TODAY</b>
	<b>DESSERT</b>	Fruit ✓	Butterscotch filled Muffin ✓	Yoghurt ✓	Waffle with Syrup ✓	Selection of Desserts to include Fruit ✓
	<b>YEAR 6 ONLY GRAB &amp; GO</b>	Burger & wedges	Sausage Roll & Wedges	<b>NO GRAB &amp; GO TODAY</b>	Cheese & Tomato Toastie with chips	<b>NO GRAB &amp; GO TODAY</b>
<b>Week3</b> Week starting: 1 May / 22 May / 19 June / 10 July	<b>MAIN CHOICE</b>	Filled Yorkshire Pudding with Cheese and Beans potato wedges & vegatables ✓	Beef Burger with mash & beans/vegetables	Roast Chicken with roast potatoes, vegetables & gravy (Optional Yorkshire pudding)	Shepherds Pie with vegetables	Fish Fingers in a Wrap with chips & vegetables/beans
	<b>VEGETARIAN</b>	Cheese & Tomato Quiche with potato wedges ✓	Veggie Burger with mash & beans/vegetables ✓	Filled Yorkshire Pudding with roast potatoes & vegetables ✓	Macaroni Cheese with vegetables ✓	Veggie Fingers with wedges & vegetables/beans ✓
	<b>THIRD CHOICE</b>	Pasta Pot with choice of toppings ✓	Pasta Pot with choice of toppings ✓	Pasta Pot with choice of toppings ✓	Pasta Pot with choice of toppings ✓	<b>NO 3rd CHOICE TODAY</b>
	<b>DESSERT</b>	Fruit ✓	Iced Cake ✓	Ice Cream Tub ✓	Cookie ✓	Selection of Desserts to include Fruit ✓
	<b>YEAR 6 ONLY GRAB &amp; GO</b>	Jacket Potato with choice of toppings ✓	Cheese & Ham Panini with wedges	<b>NO GRAB &amp; GO TODAY</b>	Filled Tacos & wedges	<b>NO GRAB &amp; GO TODAY</b>