

100th Day of School 100 Seconds Challenges

To celebrate the 100th Day of School, we are going to see how many times we can do certain activities in 100 seconds!

Look at the activities in the table. Try to predict how many you think you can do in 100 seconds. Then, with a partner, try each one. How close was your prediction?

Activity	Prediction	Actual
How many times can you bounce a netball?		
How many star jumps can you do?		
How many cones can you dribble a ball around?		
How many times can you touch your toes?		
How many times can you write your name?		
How much of the 6, 7 and 8 times tables can you write out?		
How many side to side twists can you do?		
How many adjectives can you think of and write down?		
How many adverbs can you think of and write down?		

Challenges

Can you stand perfectly still for 100 seconds?

Think of an activity to challenge your partner to try for 100 seconds?

If you practised, do you think you could beat your best? Why do you think this might be and what might that tell you about learning?