

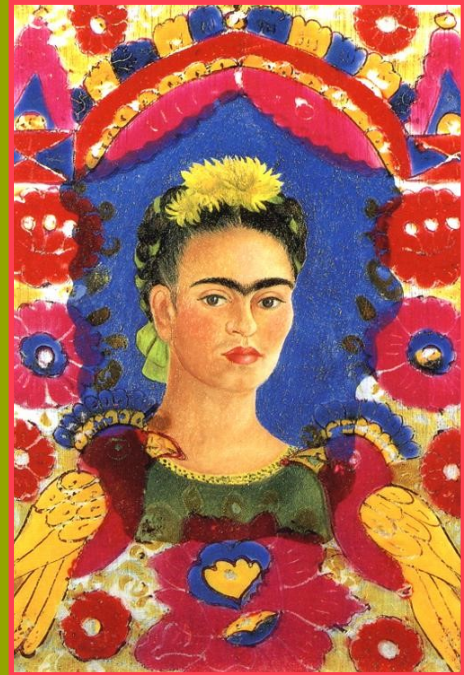
# Take One Picture

## Week 3– The Frame by Frida Kahlo

Frida Kahlo is considered to be one of the most important artists of modern times. She was famous for painting self-portraits (pictures of herself) but she was particularly famous for painting women as strong people.

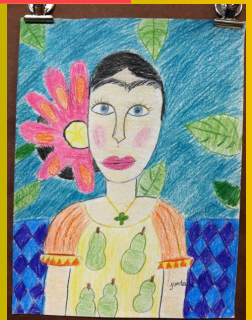
She used lots of bright colours in her self-portraits which reminded her of the vibrant colours of the hot country where she lived. Frida was very proud of her Mexican heritage.

She also included lots of tropical flowers and animals, such as monkeys and birds. Kahlo painted several self-portraits, and she also included herself in many other paintings. One of her most popular self-portraits is 'The Frame', which features on a



### Art Ideas for all Children

- Kahlo painted several self-portraits, and she also included herself in many other paintings. One of her most popular self-portraits is 'The Frame', which features on a blue background amidst a colourful frame. Ask children to create a Frida Kahlo inspired self-portrait in the style of 'The Frame'.
- Create paper jungles, in the style of Frida Kahlo. Using a cardboard box such as the lid of a shoe box children can create beautiful paper jungles by cutting leaf shapes out of coloured paper, card. The can further be folded along the centre or curled around a pencil to create a 3D effect. Do the same with the petals, building up several layers. Arrange the leaves and flowers in the cardboard tray, allowing them to overlap one another to create the impression of a dense forest. Glue them into position. Challenge yourself to add an animal that might have been seen in one of Frida's paintings.
- Jungle drawings: look at paintings of different artists' representations of the rainforest. Look at the many different shapes and variety of colours. Produce your own interpretations using colouring pencils, felt-tips, oil pastels etc.
- Frida LOVED her pets and they often feature in her artwork. Explore drawings of Bonito her pet parrot OR focus on their own pets and draw them in bright and vibrant colours!
- Dress up as Frida Kahlo and recreate one of her paintings!
- Using a photograph of yourself, create a background using the style of Frida Kahlo.



### Links to Websites

[Find out some facts about Frida Kahlo](#)

[Watch a short film about Frida Kahlo](#)

[Free colouring pages](#)

