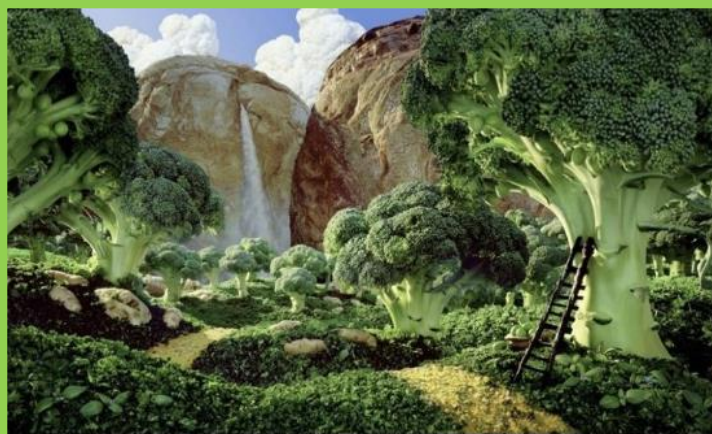


Our Wonderful World

Week 1 – Fabulous Forests

This week’s food theme is our world’s beautiful forests. Did you know that 70% of the world’s animals depend on the forests for their homes? They are so important!



Let’s start with looking at this picture. It is a picture by an artist called Carl Warner, he is known for creating foodscapes! How many different foods can you recognise in this picture? I’d be quite happy in a broccoli forest, would you? Here is a link to it in case you’d like to see a bigger version.

<http://www.carlwarner.com/creative/broccoli-forest/>

Here are some recipes that you can try along the Fabulous Forest theme. Each one has a link to the recipe, and a shopping list. Have fun with the recipes and don’t worry if they don’t turn out exactly like the pictures!

Recipe Name	Recipe Link	Shopping List	
Tree bark	https://family.disney.com/recipe/baloos-bare-necessities-bark/	<ul style="list-style-type: none"> Chocolate chips Banana chips Seeds (pumpkin or other) 	<ul style="list-style-type: none"> Dried fruits Chopped nuts
Tree Snack	https://www.fantasticfunandlearning.com/easy-tree-snack-for-kids.html	<ul style="list-style-type: none"> Pretzel sticks Grapes 	
Mud Pies	https://www.ohnuts.com/blog/dirt-pudding-cups-with-gummy-worms-recipe/	<ul style="list-style-type: none"> Oreos or similar Chocolate Angel Delight Milk Gummy worms 	
Woodland Themed Lunch	https://www.youtube.com/watch?v=TUf293mDCBc&feature=youtu.be	<ul style="list-style-type: none"> Green grapes Chocolate chips One egg One piece dried spaghetti 	<ul style="list-style-type: none"> Bread Cheese One Carrot
Ants on a log	http://allrecipes.co.uk/recipe/4788/ants-on-a-log.aspx	<ul style="list-style-type: none"> Celery sticks Peanut butter or other spread Sultanas or raisins 	
Forest fruit smoothie	https://www.bbcgoodfood.com/recipes/forest-fruit-banana-smoothie	<ul style="list-style-type: none"> Frozen fruits of the forest Banana Yoghurt 	
Cherry tomato toadstools	https://www.asdagoodliving.co.uk/food/recipes/cherry-tomato-toadstools	<ul style="list-style-type: none"> Cherry tomatoes Mozzarella Mayonnaise Parsley 	