

Our Healthy Culture:

PE, sport, health & wellbeing are given a very high profile in the school. The emphasis is always placed upon:

- Teaching of high quality skills & knowledge which is progressive & developmental
- High levels of participation
- Development of fitness, tactical understanding, co-ordination, speed, core strength
- School Games Values - raising self-esteem, confidence, team work, leadership
- Constant challenge and high expectations
- The social elements of PE – a high focus is placed on developing vocabulary, interaction and communication skills
- Enjoyment & fun

We operate a 'Sport for All' policy with all opportunities available to every child within the targeted year group(s).

The School Games values & positive attitudes developed during PE & sport are used within classrooms as a positive tool for improving outcomes. Children learn and apply:

- Resilience & determination
- Problem solving & dealing with setbacks
- Taking on the roles of leader or listener within a group
- Aiming for targets or goals, both short term and longer term
- To take pride in achievements and how to use this as a springboard to further success

Our commitment to ensuring children learn how to live healthy, active lifestyles is embedded within our curriculum offer and goes beyond the PE curriculum. Active learning will take place in all subjects using any of the strategies shown below:

- Outdoor learning in the gardens, woodland, playground, field eg maths, science, literacy/language, RE, art, DT
- Immersive learning in The Space
- 'Active Bursts' in classrooms
- Learning/activity walks eg looking for shapes, observing birds, carrying out surveys
- Special events or days such as Drumba, visiting athletes or coaches for taster experiences

Our PE Curriculum:

Is planned, reviewed and revised on a regular basis to ensure:

- It provides challenge, progression of skills & knowledge in all key areas
- Thorough coverage of different areas of PE & sport: invasion games, net/wall games, gymnastics, dance, OAA, bat & ball games
- It remains relevant and dynamic for our children
- Is taught by specialist PE/Sport coaches and our PE 'team' of teachers/LSA's
- Allows assessment of all children on a termly basis

Our Extra-Curricular offer:

We run an extensive list of clubs and activities all year round, available to children across the school. We regularly run clubs in:

- Football
- Netball
- Cross Country
- Athletics
- Multi-Skills
- Fun & Fitness
- Judo
- Irish Dancing
- Ballet
- Tennis

PE & Sports events within school:

We run many House sporting events and special sporting occasions across the year. This allows us to ensure all children have the opportunity to take part and represent their house in a competitive (or semi-competitive) event:

- Cross country
- Indoor athletics
- Athletics
- Football
- Netball
- Hockey
- Multi-skills

In 2018 – 2019, 97% of KS2 children took part in at least one extra-curricular sports club.

Inter-school fixtures, competitions, tournaments & festivals:

As a very active member of Elmbridge & Runnymede Primary Schools Sports Association (ERPSSA), we regularly participate alongside the other 25 member schools in the following sports:

- Football
- Netball
- Indoor Athletics
- Cross Country
- Tri-Golf
- Athletics
- Hockey
- Mini-Olympics
- Quad Kids
- Panathlon

Children from Year 2 – Year 6 take part in the events.

In 2018 – 2019, 97% of KS2 children at Holy Family took part in an inter-school sporting event.

Our Outcomes in PE & Sport:

- Since June 2013, Holy Family have won 30 district sports competitions in the following sports:
 - Football
 - Netball
 - Indoor Athletics
 - Athletics
 - Hockey
 - Panathlon
- Attendance at extra-curricular clubs is exceptionally high year on year. (97% for 2018-2019)
- PE was named by children in the latest pupil voice as their favourite subject
- 60% of KS2 children now regularly attend community sports clubs outside school. This covers 20 different sports and 52 different clubs.
- Children enjoy being healthy and proudly reported to Ofsted in November 2018 “Holy Family is a very sporty school!”

