

Mental Health & Wellbeing at Holy Family



At Holy Family Catholic Primary School we are committed to supporting the emotional health and wellbeing of our whole school community – pupils, staff, parents/carers and governors. We understand wellbeing as a state of being comfortable, healthy and happy. We know that everyone experiences life challenges that can make us vulnerable and at times, anyone may need additional emotional support.

We take the view that positive mental health is everybody's business and that we all have a role to play. We will strive to create an environment that has a whole school approach in providing excellent mental health support, understanding and intervention.

We have an appointed Staff Mental Health Champion, designated Governor & Parent Leads for Mental Health, Pupil Wellbeing Ambassadors and full engagement & support from the Senior Leadership Team